



School Information: 750 White Pond Drive
Akron, Ohio 44333



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Baked Ziti **2**
Fresh Veggies
Fruit Cocktail
Milk

Tuesday

Scrambled Egg w/ **3**
Bagel
Latkes
Grapes
Milk

Wednesday

Sloppy Joes w/ Bun **4**
Tater Tots
Banana
Juice

Thursday

No School **5**
Sukkot

Friday

No School **6**
Sukkot

Pasta w/Meat Sauce **9**
Carrots
Oranges Slices

Grilled Cheese **10**
Tomato Soup
Pineapple
Milk

Turkey Sandwich **11**
Chips
Cucumbers
Banana
Juice

No School **12**
Shemini Atzeret

No School **13**
Simchat Torah

BBQ Chicken **16**
Orzo
Peas & Carrots
Watermelon
Juice

Macaroni & Cheese **17**
Broccoli
Pineapple
Milk

Meatloaf **18**
Mashed Potatoes
Peas & Carrots
Cantaloupe
Juice

Chinese Chicken **19**
Rice
Edamame
Mandarin Oranges
Juice

Fish Sticks w/Bun **20**
Green Beans
Pineapple
Milk

Taco Bar **23**
Spanish Rice
Applesauce
Juice

Cheese Pizza **24**
Fresh Veggies
Mandarin Oranges
Milk

Baked Chicken **25**
Israeli Couscous
Carrots
Pears
Juice

Bow Tie Pasta w/ **26**
Cheese & Broccoli
Banana
Milk

Veggie Patty w/Bun **27**
Yogurt
Fruit Cocktail
Corn

Hamburgers **30**
Tater Tots
Mixed Veggies
Grapes
Juice

Chicken Nuggets **31**
Israeli Couscous
Peas
Cantaloupe
Juice

