



**School Information:** 750 White Pond Drive  
Akron, Ohio 44333



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



### Monday

Baked Ziti **2**  
Fresh Veggies  
Fruit Cocktail  
Milk

### Tuesday

Scrambled Egg w/ **3**  
Bagel  
Latkes  
Grapes  
Milk

### Wednesday

Sloppy Joes w/ Bun **4**  
Tater Tots  
Banana  
Juice

### Thursday

No School **5**  
Sukkot

### Friday

No School **6**  
Sukkot

Pasta w/Meat Sauce **9**  
Carrots  
Oranges Slices

Grilled Cheese **10**  
Tomato Soup  
Pineapple  
Milk

Turkey Sandwich **11**  
Chips  
Cucumbers  
Banana  
Juice

No School **12**  
Shemini Atzeret

No School **13**  
Simchat Torah

BBQ Chicken **16**  
Orzo  
Peas & Carrots  
Watermelon  
Juice

Macaroni & Cheese **17**  
Broccoli  
Pineapple  
Milk

Meatloaf **18**  
Mashed Potatoes  
Peas & Carrots  
Cantaloupe  
Juice

Chinese Chicken **19**  
Rice  
Edamame  
Mandarin Oranges  
Juice

Fish Sticks w/Bun **20**  
Green Beans  
Pineapple  
Milk

Taco Bar **23**  
Spanish Rice  
Applesauce  
Juice

Cheese Pizza **24**  
Fresh Veggies  
Mandarin Oranges  
Milk

Baked Chicken **25**  
Israeli Couscous  
Carrots  
Pears  
Juice

Bow Tie Pasta w/ **26**  
Cheese & Broccoli  
Banana  
Milk

Veggie Patty w/Bun **27**  
Yogurt  
Fruit Cocktail  
Corn

Hamburgers **30**  
Tater Tots  
Mixed Veggies  
Grapes  
Juice

Chicken Nuggets **31**  
Israeli Couscous  
Peas  
Cantaloupe  
Juice

